

ADVICE FOR DRIVERS TO PREPARE FOR QUAKES

The risk of a major earthquake striking the Bay Area is now estimated as 70% in the next 30 years, based on research by the U. S. Geological Survey. Other areas of northern California are also at risk. It makes sense to prepare for quakes striking when we are in our cars or away from home. Preparation will make us safer drivers and better able to "**Ride Out Earthquakes!**"

Take the time to fill out the attached flier, tear it off and put it in your car. If you don't have kids, think about back-up care for elderly or disabled family members, or even for your pets.

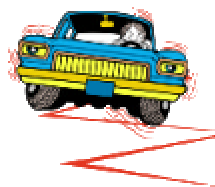
If you are at home, stay there (assuming it is safe to do so). The more people on the roads, the harder it is for repair and emergency vehicles to respond.

Emergency contacts are a great start to a car "kit" in a pack or gym bag with -

Water	First Aid Supplies
Prescriptions	Pre-Paid Phone Card
Food	Personal Care/Hygiene Items
Cash	Light Source/Flashlight
Walking Shoes	Comfortable Clothes
Jacket	Hat
Pencil, Tablet	Radio
Whistle	Emergency Blanket

- DO** run on the top half of your car's gas tank, not the bottom half.
- DO** have a 3-5-day supply of medications at your office and at home so you don't run out.
- DO** keep a 3-5-day supply of food and water at home so you don't have to drive.
- DO** keep walking shoes at work.
- DO** keep a copy of your key contacts at home and in your wallet, as well as your car, in case you are riding public transit or at home for our next large earthquake! Regular transit riders also may want to carry other supplies, such as prescriptions and cash.
- DO** be patient.
- DO NOT** panic!

For more information, visit ABAG's Earthquake Maps and Information web site at <http://quake.abag.ca.gov>.



CAR Guide to Ride Out Earthquakes!

KEY CONTACTS (KEEP IN CAR)

Although many phones may not work for several hours, know the people you will contact when you can get through in an emergency.

Family Out-of-State Contact / Phone Number

People Authorized to Pick Up Your Children at School (With Phone Numbers)

Other Key People and Phone Numbers

AFTER AN EARTHQUAKE IF YOU ARE IN YOUR CAR -

- DO** slow down. Pull over if shaking starts again.
- DO** turn on the radio for emergency bulletins (such as **KGO** 810, **KCBS** 740, and **KLIV** 1590).
- DO** proceed cautiously (if safe to do so).
- DO** obey "road closed" signs.
- DO** yield to repair and emergency vehicles.
- DO** be patient.
- DO NOT** attempt to cross damaged roads.
- DO NOT** go near downed power lines.
- DO NOT** stop under underpasses or on bridges.
- DO NOT** drive through water.
- DO NOT** abandon your car, except if it is unsafe to stay with it. If you must abandon it, you should not leave it in a traffic lane. If forced to abandon it in a traffic lane, you should leave your keys in it.



Association
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The development of these ABAG materials has been funded by a grant from the State of California Office of Traffic Safety through the Business, Transportation and Housing Agency, with additional support from the Association of Bay Area Governments.